

# OREA

Spa Hotel Cristal  
Mariánské Lázně

## WELLNESS & SPA

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# TREATMENTS

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## MEDICAL PROCEDURES

Administration		150 CZK
Medical consultation		300 CZK
Medical examination		1 050 CZK
Nursing interventions (blood pressure taking, injection, etc.)		250 CZK

## TREATMENTS

Swimming pool group exercise*	20 mins.	200 CZK
Electrotherapy*,**		200 CZK
Bioxide (a combination of gas pack and oxygen therapy)	30 mins.	450 CZK
Personal training*	20 mins.	280 CZK
Inhalation*	15 mins.	200 CZK
Classic massage – partial*	20 mins.	390 CZK
Kneipp's method walk	15 mins.	250 CZK
Lavatherm*	20 mins.	200 CZK
Lymphatic drainage – by machine*	20 mins.	320 CZK
Manual lymphatic drainage	20 mins.	400 CZK
	50 mins.	800 CZK
Mineral bath	15 mins.	390 CZK
Oxygen therapy	50 mins.	550 CZK
Parafango	20 mins.	390 CZK
Paraffin pack for hands*	15 mins.	250 CZK
Pearl bath	15 mins.	300 CZK
Gas injections (according to medical indication)		250 CZK
Natural mud wrap*	20 mins.	450 CZK
Pulse magnetic therapy*	20 mins.	320 CZK
Mud bath	15 mins.	380 CZK
Physiotherapy*	20 mins.	340 CZK
Sulphur bath	15 mins.	490 CZK
Dry gas bath (gas pack) — 30 mins.	20 mins.	300 CZK
Ultrasound*,**		200 CZK

# WELLNESS TREATMENTS

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## MASSAGES

**Classic massage** 20/50 mins. 450/850 CZK

This massage belongs to the basics of all massages and requires a perfect knowledge of anatomy. The classic massage has a great effect, focusing on the muscles around the spine, the trapeze, the nape and the thoracic and lumbar parts of the back, and relieving pain. A full-body classic massage also aims to regenerate the muscles of both the upper and lower limbs.

**Aroma massage** 20/50mins. 450/850 CZK

The aroma massage is a relaxing and stimulating treatment. Gentle and long strokes, using natural aroma oils and fragrant essential oils, selected to the clients individual needs. We offer full-body massage or a back massage.

**Hot lava stone massage** 30/60 mins. 650/950 CZK

Our most luxurious massage. Your body and mind become relaxed and all tension relieved through a combination of special massage techniques and the miraculous power of heated lava stones. This is a very effective massage creating a feeling of happiness.

**Detoxification honey massage** 30 mins. 590 CZK

This massage has a beneficial effect on your body. It is a very effective detoxification method removing toxins from the body, activating the internal organs and promoting blood circulation to the skin. Honey contains important minerals and trace elements. Its medicinal power is very beneficial to your organism.

**Reflexology foot massage** 40 mins. 560 CZK

Originating from East Asia, this safe, non-invasive and effective massage method is based on the principle of pressure applied to reflexology points. Each point corresponds to a part of your body. Individual body parts can be targeted by applying pressure to these points.

**Antistress head massage** 20 mins. 380 CZK

This extraordinary massage removes stiffness from the nape, shoulders and head, relieving tension and stress. Through expert massage techniques and special strokes, maximum relaxation is achieved with this wonderful treatment.

## BODY TREATMENTS

Luxury cashmere and silk body treatment 60 mins. 1 390 CZK

Cosmetic pack 40 mins. 790 CZK

Whole-body peeling 20 mins. 390 CZK

## WELLNESS BATHS

Cleopatra's beauty bath 15 mins. 550 CZK

Vitamin-fruit bath 15 mins. 500 CZK



## **CHANGE FEE**

Change / CANCELLATION fee 1x

100 CZK

\* Treatments that can be included in a package.

\*\* Treatments available only after medical examination.

We reserve the right to change or cancel the treatment in the event of any contraindication.





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