

MVUA SPA MENU

INDIAN OCEAN HOT STONE MASSAGE

80 minutes

\$105/person

A smooth, warm stone glide across your body in long, flowing strokes. The heat helps to relax the muscles and has a soothing effect on your emotions. Leaving you in a state of bliss throughout your body, mind, and soul.

*not recommended for sunburn skin.

MVUA SECRET MASSAGE

50 minutes

\$85/person

75 minutes

\$100/person

Our signature relaxing head-to-toe massage is tailored to individual needs. This treatment uses gentle to medium pressure (as per your preference) to improve energy levels, increase sleep quality and melt away muscle tension. It is designed for active people who need to recover from busy lifestyles. Please note we will charge an extra \$15 for the requested Deep Tissue (strong pressure) technique.

BALINESE FUSION MASSAGE

55 minutes

\$95/person

Traditional, medium to firm Balinese pressure massage techniques help release the tension and loosen stiff joints. Balinese massage is a full-body, holistic massage that uses a combination of gentle stretches, acupressure and reflexology to stimulate the flow, oxygen and "qi" (energy) around your body and bring a sense of well-being, calm and deep relaxation.

SANDIES

BATHALA
MALDIVES

MVUA SPA MENU

HARMONY HEAD MASSAGE 30 minutes \$60/person

A gentle massage on face, scalp, neck and shoulder with selected Aloe Vera gel and Sunflower oil serum. It helps to relieve stress and reduce tension.

HEALING EARTH'S TRI-ENZYME FACE CARE 45 minutes \$70/person

Classic Manual Facial treatment with peptide enriched facial care using low-level AHA's & enzymes to stimulate skin renewal. Tri-Enzyme Technology (matrixyl, papain, and bromelain) provides the vital nutrients needed to improve the elasticity and tone of the skin.

STRESS RELIEF BACK MASSAGE 30 minutes \$60/person

Targeting three stress-locked areas - the back, neck, and shoulder. Alleviate deep-rooted tension, relieve it and restore mobility and alignment of the back and spine.

DETOXIFICATION COFFEE BODY SCRUB 45 minutes \$70/person

A nutrient-rich scrub mixture with coffee, salt, and Sunflower oils. Penetrate to energize skin, increase blood circulation, reduce inflammation, exfoliate, brighten, and tighten skin. Balance and leave it hydrated silky smooth and glowing. *The treatment ends with cold-water shower.

AFRICAN RAIN FOOT MASSAGE 30 minutes \$60/person

An age-old technique Fancy footwork, based on the same therapeutic principles of its ancient ancestor, this foot massage will help to release toxins and restore your body's energy flow.

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PACKAGE TREATMENT

Our packages offer great value. Perfect for refreshing the mind, body and soul. These ritual spa treatments are sure to complete your stay with us.

ARI ATOLL JOURNEY

\$240/person

Personalize your own treatment

Day 1 : Single treatment of your choice or SUNNY BATHALA

Day 2 : Single treatment of your choice

Day 3 : Single treatment of your choice

60min Hot Stone Massage - 50min Mvua Secret Massage - African Foot Massage - Harmony Head Massage - Detoxification Coffee Body Scrub - Stress Relieve Back Massage - Tri-enzyme Face Care

*Please inform us in advance for Hot Stone Massage

INVIGORATING SUPERIOR BODY GLOW

110 minutes

\$175/person

Coffee Body Scrub

Mvua Secret Massage 50 minutes

Tri-enzyme Face Care

DREAM OF BATHALA

80 minutes

\$110/person

Mvua Secret Massage 50 minutes

Detox Coffee Scrub / Tri enzyme Face Care (please select one option)

SUNNY BATHALA

50 minutes

\$95/person

Select two of these following treatment

- Stress Relieve Back Massage
- Coffee Body Scrub
- Facial Treatment
- Mvua Head Massage
- African Foot Massage

SANDIES

BATHALA
MALDIVES