



*Where nature surrounds you
and wellness envelopes you*



An ancient and charming village nestled among peaceful green hills, where the feeling of pure **harmony** and tranquility leads you to rediscover your inner **essence**, uniqueness and **beauty**, where a profound sense of wellness and **equilibrium** can be reached and embraced. Our mission is to place our guests at the centre of our every thought and action, fulfill their every desire and guide them towards a joyful and healthy lifestyle.

OUR WELLNESS RECIPE

INGREDIENTS

- one uniquely beautiful location
- 60 individually custom-designed treatments
- 19 joyful and caring members of our motivated team
- 100% of love
- ∞ joy

Blend all these ingredients together, sprinkle in the glorious colours of nature and the BOROGBRUFÀ SPA is served!



HARMONY

Exclusive wellness
A thousand and one nights

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ESSENCE

Essence of the Borgo

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BEAUTY

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NATURAL COSMETICS BORGOFRUFÀ

Harmony, Essence and Beauty

We are extremely proud and happy to present our Harmony, Essence and Beauty Line of natural cosmetics. What makes our skin care products of the highest quality is the natural energy and precious actives extracted from the crops grown and harvested in our pristine hills of Umbria by BorgoBrufà's owner and his team of professionals.

Their care and respect for nature in its purest form guarantees that our cosmetic formulation is totally free of parabens, silicones, sulphates, petrolatum, allergens and dyes.

The natural texture and pure ingredients of our Harmony, Essence and Beauty Line are able to effectively target, treat, comfort, nourish and, ultimately, give immediate and visible results.



FACIAL TREATMENTS

Hazelnut cleansing cream	24 €
Hazelnut tonic	22 €
Lavender cleansing gel	24 €
Essential oil eye contour cream	39 €
Azulene Hydra-roller	45 €
Red wine face serum	49 €
Red wine face cream	49 €
Sensitive face serum a la carte	49 €
Essential oil face cream	45 €
Soothing Aloe vera gel for men	45 €
White truffle elixir	55 €
White truffle face cream	65 €
Rose night cream mask	45 €
Active-firming ampule	55 €

BODY TREATMENTS

Wine bath oil	25 €
Sunflower and broom cleansing scrub	29 €
Blackberry soothing leg massage	39 €
Oil emulsion	39 €
Wine emulsion	39 €
Hazelnut emulsion	39 €
Thermo-active cream	19 €
Sunflower and broom oil	35 €

WELLNESS SUPPLEMENTS

WELLNESS Borgobrufa	35 €
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EXCLUSIVE WELLNESS

The perfect experience for couples to share.... Choose among the thematic rituals in the Private SPA:

UMBRA BEAUTY RITUAL • Winner of the “Oscar Green”

Our Umbrian excellences will accompany you along this magnificent journey fully dedicated to caring for and beautifying the body, enhancing psycho-physical wellbeing and delighting the palate with unique flavors.

The ritual includes:

- Purification and relaxation path with footbath, sauna and bath in an imperial bath accompanied by the Green Oscar tasting
- Grapeseed body peeling / body wrap
- Hazelnut oil face peeling treatment
- Deep tissue or relaxing back massage with the Borgo's drops
- Deep tissue / circulatory / relaxing leg massage with blackberry essential oil
- Relaxing and anti-age face massage with white truffle essential oil.

The scents and colors of nature will inebriate your senses. The expert and caring hands of your therapists will give you the ritual you have always dreamed of. You will want to bring these into your daily life ... and this will be possible. All our products are available at the SPA-shop.

160' - € 219,00 per person

RITUAL “PERUGINA CHOCOLATES”

Unique emotions to share together. Embark along the path of relaxation and purification with a foot bath and biosauna. Lay back and soak in chocolate essential oil in the imperial bath and treat yourselves to delicious hot chocolate and fine pastries. Finish up with an energizing chocolate essential oil body massage that will leave your skin toned and revitalized.

110' - € 145,00 per person

HO'OPONOPONO “THE RITUAL OF LOVE”

A ritual dedicated to love. A path of purification, meditation and relaxation accompanied by the flavors and perfumes of Hawaii. Be enveloped by the scent of coconut and cradled by the waves of the sea during this purely pleasurable Hawaiin experience.

110' - € 149,00 per person



"DIAMONDS" RITUAL FOR COUPLES

An exclusive path for two in a welcoming and reserved area. This unforgettable experience is all about the well-being of the body and mind. Immerse yourselves in the waters of the spa and share together the sublime experience of the decontracting and relaxation massage. A carefully prepared selection of our Umbrian specialities also awaits you.

160' approx. - € 249,00 per person

BORGIO LUXURY

Luxury at its best! The entire 130sq meter wellness center is for your exclusive use. The private SPA "Tesori del Borgo" and "Acqua & Fiori" are both yours to enjoy in maximum tranquillity. Lay back and relax in the hydromassage pool and experience the underwater chromo and music therapy. The steam bath, imperial bath, infrared sauna and waterbed are all at your full disposal. While pampering yourselves, sip from a flute of sparkling wine and taste some of our best local specialities.

Free use of the Borgo Luxury (possibility to combine treatments and massages).

100' approx. - for couples € 149,00 per person

100' approx. - from 3 to 4 people € 119,00 per person



“CUSTOMIZED” RITUAL

This truly tailor-made ritual is designed exclusively for you. Choose the treatments that you would like to share in total serenity and privacy while enjoying together regenerating natural fruit juices and delicious sweet pastries.

45' - Private SPA € 69,00 per person + cost of treatment





New for 2018 **PRIVATE SPA** **“A Thousand and One Nights”**

PERSIAN RITUAL - New for 2018

This warm and balanced ritual will transport you to the wondrous Middle East, to a place where beauty persists through time.

- Bagno Rasul, a purifying steam ceremonial, in which clay or black soap will envelop, nourish and smooth your skin.
- The prestigious fruits of the desert - embellished shea butter and argan oil will give your face and body a wonderful glow. This deep and relaxing massage will calm your being, opening your dreams to a mantle of stars.

The journey that you are about to embark on will be accompanied by the characteristic flavours of such a unique experience.

110' - € 145,00 per person



ESSENCE OF THE BORGO New for 2018

Each one of us has what we need to feel good.
Stop for a moment.
Listen to your inner self.



TIBET MASSAGE

Air, an element that transports us,
that assists us to gently work
on the movement of lymphatic flows,
energizing us, letting us fly towards
true essence, full of new vitality.

MASSAGE OF THE PHARAOHS

Fire, an element of transformation,
helps us to calm contractions,
initiating new energy
and new vitality.

ACQUARMÒNIA

Water, an element that gathers
and reveals our transformation,
leads us into a space-time continuum
of tranquillity, where we can relax,
listen and summon new vitality.

WUNKUVAFRICA

Earth, an element of matter,
collects within itself
all the impetus necessary to release
and unblock our physical body,
bringing new vitality.

45' - € 79,00 per person

75' - € 125,00 per person

THE MASSAGE OF THE ELEMENTS

This all-embracing experience in the Private SPA is a bio-energetic rebalancing of natural elements.

A four-hands massage in water eliminates all that is negative inside us.

The feeling while your body is being cradled and pampered will enhance a sense of mindfulness and tranquillity within you.

Four synchronized hands with the power of earth, the energy of fire, the motion of air will give new life, lightness and vitality.

Sounds, beats and/or vibrations will accompany you during this magical experience.

110' - € 325,00

INTUĒRI - New for 2018

The Latin word "*Intuēri*" or "*to see inside*" derives from the word "Intuito" or "Insight".

This massage is wonderfully energizing for the body and sublimely relaxing for the mind.

A feeling of completeness and mindfulness are the fundamental elements of this experience.

45' - € 89,00

75' - € 139,00

TRANSBEAUTY

A treatment for self-discovery which transforms itself into a beauty massage. Specific and carefully chosen products will accompany a ritual aimed at stimulating and rebalancing blood and lymphatic circulation.

80' body - € 125,00

45' legs-feet - € 79,00

50' face - € 79,00



FACIAL TREATMENTS & RITUALS

COSMETIC CONSULTING WITH SKIN ANALYSIS

A personalized skin analysis is carried out through the manual and electronic evaluation of your skin type and skin condition. Our Estheticians, highly trained in skin care and knowledgeable, fastidious, and passionate about their work, will then advise you on the facial treatments and cosmetics most suited for your skin.

30' approx. - free

BIO ENERGY

This delicate cleansing treatment is suitable for all types of skin. A synergistic charge of personalized natural energy and reshaping mask precedes a sublimely relaxing massage.

75' - € 135,00

ARIAPURA MAN

This purifying treatment will give your skin a radiant glow.

A relaxing scalp massage will free your mind from tension. A detoxing warm flower and herb wrap will bring pure air to your face.

50' - € 85,00

"BORGOBRUFA" FACIAL CLEANSING

Rejuvenating cleansing treatment with hazelnut oil, olive oil and wine. It cleanses and eliminates impurities and brings out the natural radiance of your skin.

50' - € 85,00

HYDRA-SENSITIVE

This personalized beauty treatment will be accompanied by high hydration products that will nourish and protect even the most sensitive skin. This caress will give extra softness and glow to your skin.

50' - € 95,00

BLACK PEARL - New for 2018

A charge of natural energy extracted from the black pearl and the baobab for an antioxidant action; Concentrated premium products and a reshaping mask will precede a divinely relaxing massage.

75' - € 139,00



EYE CONTOURING

The perfect way for a nourished, younger looking skin is this specific eye contour treatment as it tackles fine lines using active olive oil, collagen and hyaluronic acid.

This treatment can be combined with all facial treatments, with the exception of Bio-energy and Black Pearl.

25' - € 49,00

NATURAL LIFT-SHOCK

This classic yet innovative treatment is a succession of targeted treatments for the face, trapezius and feet. Your skin will be moisturised, nourished and rejuvenated and the lines of time will be smoothened. Your skin will be clear and well-hydrated, your complexion will be smooth and radiant. Collagen, hyaluronic acid, white truffle polyphenols and olive oil will accompany these truly unique treatments.

50' - € 129,00

105' - € 179,00





BODY TREATMENTS - Borgobrufa -

Enjoy your body treatment on a heated water bed with personalized chromotherapy and finish up with a wonderful Vichy shower rinse.

BODY SCRUB

Personalized exfoliation scrub with olive oil (moisturizing), chocolate and hazelnut (energizing), noble wine (anti-aging), sunflower and broom (nourishing). **20' - € 49,00**

RELAXING OLIVE BODY WRAP

This wonderful wrap uses warm olive oil butter to make your skin super soft and supple. **20' - € 39,00**
With aromatherapy steam bath and Relax massage. **45' - € 85,00**

DECONTRACTING BODY WRAP

Self-warming localized wrap that relaxes the muscles and has a drainage effect on the body tissues. **20' - € 35,00**
With massage pod. **€ 45,00**

UMBRO WRAP

Super nourishing sunflower butter and broom body wrap for total comfort. **20' - € 39,00**

DDL BODY WRAP - Drainage, Detoxify, Light Effect

The unique properties of ivy, blackberry and horse chestnut improves microcirculation and stimulates lymphatic drainage. A marvellous sense of freshness and lightness will envelop you. **20' - € 39,00**
With aromatherapy steam bath and personalized localized massage. **45' - € 85,00**

NOBLE WINE BODY WRAP

The anti-oxidant action of grapeseed rejuvenates the skin and strengthens the tissues. **20' - € 39,00**
With anti-aging hand massage **€ 49,00**



“HAZELNUT” BODY WRAP New for 2018

The chocolate and hazelnut in this “Happiness treatment” stimulate the production of endorphins and make the skin tonic and super silky.

20' - € 39,00



MASSAGES CALCO

All the calco massage treatments include a personalized massage based on the treatment chosen. Premium products are used for draining, reducing, relaxing and toning treatments. Clearly visible results can be seen after the first session.

LOCALIZED

BELLY-SLIM

Specific high-performance abdomen massage treatment.

The active ingredients of fennel and ginger remodel the abdomen and reduce swelling.

50' - € 99,00



STOP CELLULITE

Localized buttocks shock treatment encourages drainage and strengthens muscle tone. A targeted and active massage with bergamot and salt gives firmness and elasticity.

50' - € 99,00

TONIC LEGS - New for 2018

Localized thigh treatment. Designed to activate muscle tone.

The active ingredients of avocado and bentonite have a tightening and re-shaping effect.

50' - € 99,00

BEAUTY

Push-up breast treatment. Gives compactness, elasticity and fullness.

Beauty can be combined with all the facial treatments and Belly slim.

25' - € 59,00

PARTIAL

SILHOUETTE

This specific treatment combats localized leg and buttock weight gain, stimulates the metabolism, remodels and sculptures your figure.

80' - € 145,00

TONIC BUST

Reducing treatment for the abdomen, toning for breasts and arms, relaxing for the back.

80' - € 145,00

BEST MAN

A Treatment that slims, tones and frees the abdomen from puffiness, dissolves back muscle tension.

80' - € 145,00

TOTAL

CALCO SPA

This truly excellent and personalized total body calco massage reduces and / or tones.

105' - € 200,00



BEAUTY & HAIR CARE TREATMENTS

VITALITY

Intensive vitalizing treatment, perfect for damaged hair, hair loss and thinning.

PURITY

Specific purifying treatment that gives immediate relief and a wonderful sense of well-being.

€ 55,00 includes wash and blow dry

RECONSTRUCTION

This hyaluronic acid wellness ritual is ideal to moisturize and hydrate your hair from root to tip. Your hair will be stronger, softer, and have a healthy shine.

Short hair - € 79,00 with wash and blow dry

Long hair - € 95,00 with wash and blow dry

Cut from € 25,00 a € 35,00

Wash and Blow-dry from € 39,00



BEAUTY SERVICE

All the products and micromotors used for our BEAUTY RITUALS are chosen from selected cosmetic lines. Shellac gel nail polish is not removed.

SPA MANICURE

Treatment with peeling, mask and manicure.

50' - € 60,00

SPA PEDICURE

Beauty pedicure with nail polish.

50' - € 60,00

SPA DELUXE PEDICURE

Treatment with exfoliating mask, massage and pedicure treatment.

75' - € 80,00

WAXING

from € 15,00 to € 85,00





“THE RITUALS OF THE BORGO”

MEDITERRANEAN - New for 2018

Treat yourself to this warm and rhythmic massage. Handmade sachets filled with natural Mediterranean herbs will dance over your body releasing all of their unique properties, hydrating your skin and inebriating your senses.

75' - € 125,00

ESSENZE RITUAL

This truly wonderful ritual is like music flowing over your body, your skin will be deeply nourished by the soothing four-hands body massage. The essence massage is a symphony that intoxicates the senses and relaxes the body.

75' - € 199,00

FITO-ENERGY - Face - body ritual

This unique psycho-cosmetic treatment with phytomelatonin soothes the spirit, rejuvenates the body and enriches the mind. The perfect solution to dissolve stress caused by the environment, a frenetic life style and aging. Tiredness disappears and vital energy is restored to your skin.

80' - € 155,00

With peeling 100' - € 189,00

BIO-DETOX - Ritual body - face - head - hair

This ritual is a truly avant-garde nutricosmeceutical body - face - hair treatment. The full body and face peeling will deeply cleanse and purify your skin. The highly nourishing active ingredients used during the relaxing massage will regenerate and revitalize your hair, face and body.

75' - € 155,00

SEAWEED LEAF WRAP AND MASSAGE

This personalized massage and seaweed leaf body wrap is supercharged with detoxifying, draining, moisturizing and rejuvenating benefits. Ideal for improving circulation and purifying the tissues, leaving your skin looking radiant and feeling silky smooth.

75' - € 145,00





MASSAGES “TRADITION OF THE BORGO”

MASSAGE BORGOBRUFA

The specific techniques of this decontracting-postural and dynamic massage will ease stress, loosen muscular knots and relax both neck and shoulder muscles. Tension will magically disappear giving way to a wonderful feeling of vitality (ideal for those who lead a sedentary life).

75' - € 139,00

RAW MASSAGE

This unique decontracting neck, back and foot massage uses ancient techniques and pressure using precious wood, not oils, to loosen localized muscle tension and strain. A well-deserved and special moment just for you.

45' - € 85,00

CLASSIC MASSAGE

This decontracting massage is ideal to relieve muscle tension and give a pleasant sense of general well-being.

45' - € 85,00

ETRUSCAN MASSAGE

An Ancient Etruscan body massage using grapeseed oil that regenerates and stimulates lymphatic drainage.

45' - € 89,00

BEAUTY MASSAGE BB

This truly bespoke Borgobrufa beauty massage is just for you. The massage will be accompanied by targeted massage techniques to tackle all types of beauty problems. A breath of fresh air for those who love to feel fit.

45' - € 89,00

LOCALIZED MASSAGE

Choose among these wonderfully relaxing leg / foot / head / back massages.

20' - € 53,00

MASSAGE UNDER THE RAIN

A divinely relaxing massage under a warm and exquisitely gentle and soothing rain shower.

45' - € 89,00

HARMONY OF THE SENSES - **New for 2018**

Close your eyes and immerse yourself in this sensorial experience. Feel the repeated layering of warm wraps on your body, smell the perfumed oils that fill the air around you, breathe in the pure essence of calmness and tranquillity.

45' - € 79,00



SALT AND ITS PROPERTIES

Salt has always had a fundamental value for mankind, but only in the mid-1800s its beneficial properties were discovered. They are listed here below:

- Frees the body from toxins
- Allows tissue oxygenation
- Re-activates microcirculation
- Effectively counteracts water retention
- Reduces inflammation of the respiratory system.

SALT BATH

The valuable properties of salt make this treatment unforgettable. A purifying and relaxing floatation. Thanks to the high salt concentration in the water, your body will float while being cradled by underwater music and chromotherapy. The journey continues with a relaxing moment in the salt area, where clouds of salt vapor will favour your breathing and free your mind.

25' - € 15,00 per person

25' exclusive for couples - € 25,00 per person

EXCLUSIVE SOUND BATH

Immerse yourself in water for this super relaxing treatment and be accompanied by the harmonious sound of Tibetan bells, an immense source of energy and spirituality.

The properties of the salt will make this experience truly unique.

25' - € 32,00 per person



FLAVOR OF SALT

Your body will absorb all the wonderful benefits of Dead Sea salt.

This salt wrap treatment will detoxify, exfoliate and stimulate lymphatic drainage.

The deep massage will leave your skin super soft and glowing.

45' - € 79,00



SPA PROGRAMS 2018

BORGOBRUFA INTERIUS

Unique specialities

1 Transbeauty facial 50'

1 Intuëri 45'

1 Massage "Essenza Borgobrufa" of your choice 45'

1 Salt bath 25' in autonomy

€ 235,00 per person

BIO-WELLNESS

For natural well-being

1 Bio-Detox 75'

1 Massage under the rain 45'

1 Facial cleansing Borgo Brufa 50'

€ 299,00 per person

BEAUTY MAN

Just for him

1 Best Man 80'

1 Decontracting wrap with podo-massage 20'

1 Ariapura Man 50'

€ 255,00 per person

COUPLE OF HEARTS

The privacy of the Borgo is exclusively for you both

1 "Umbrian Beauty" ritual 160'

1 Exclusive bath 25'

1 Tibet massage 45'

an experience for couples

€ 299,00 per person

THE CRADLE

Indulge in a little mum-to be time

1 Acquarmònia 45'

1 Salt bath 25'

1 Hydra-sensitive 50'

€ 175,00 per person

HEART RACER

An emotional program for couples

1 Ritual "Cioccole Perugine" 110'

1 Sound bath 25'

1 Taste of salt 45'

programme for couples € 215,00 per person

BEING OF BEAUTY

A heavenly moment just for her

1 Body scrub 20'

1 Hydra-sensitive 50'

1 Calco-massage treatment 80'

1 DDL wrap 20'

1 Salt bath 25'

€ 299,00 per person

BACK SAVER

Get back into shape and safeguard your back

1 Etruscan massage 45'

1 Classic massage 45'

1 Decontracting wrap with massage podo 20'

1 Salt bath 25'

€ 199,00 per person



	SPA ENTRANCE		
	Half Day Spa		Day Spa
	9-14	14-19	9-19
monday	€ 49,00	€ 49,00	€ 65,00
tuesday	€ 39,00	€ 39,00	€ 55,00
wednesday	€ 39,00	€ 39,00	€ 55,00
thursday	€ 39,00	€ 39,00	€ 55,00
friday	€ 39,00	€ 39,00	€ 55,00
saturday	€ 49,00	€ 95,00 (20' massage included)	€ 110,00 (20' massage included)
sunday	€ 95,00 (20' massage included)	€ 49,00	€ 110,00 (20' massage included)

Prices shown are per person and are not valid for long weekends, public holidays and gift vouchers.

DAY SPA PROGRAM

(9am - 7pm - all the services are included in the world of Borgobrufa SPA AQUAE & SAUNE)

SIMPLY RELAX

1 "Harmony of the senses" massage 45'

1 Saltwater bath 25' € 129,00 per person

FOR YOU AND ME - New 2018

1 Persian ritual 110'

1 Sound bath exclusive for couples 25' € 189,00 per person

OLD TIMES - New 2018

1 Saltwater bath 25'

1 "Etruscan" massage 45'

1 Wine wrap with hand massage 20' € 169,00 per person

BORGOBRUFA SPA AQUAE & SAUNE

Services include

- Heated indoor swimming pool
- Heated outdoor panoramic pool
- Various hydromassage stations
- Summer swimming pool (from May to October)
- Vitarium open from 10am
- Steam bath open from 10am
- Finnish sauna open from 10am
- Room of the stars
- Herbal tea corner
- Fresh fruit corner
- Courtesy bag and slippers
- Soft kit supplied

PAMPER YOURSELF - New 2018

1 Facial cleansing Borgobrufa 50'

1 Beauty Massage BB 45' € 149,00 per person

WELLNESS AND LUNCH

(bookable from Tuesday to Friday 9am-2pm, long weekends and public holidays excluded)

1 Saltwater bath 25'

1 Lunch (1 course plus fruit, drinks not included) € 60,00 per person

WELLNESS AND DINNER

(bookable from Tuesday to Friday 2pm-7pm, long weekends and public holidays excluded)

1 Olive body wrap 20'

1 Dinner (3 courses of your choice from the menu, drinks not included)

€ 99,00 per person



NOTICES FOR YOUR ATTENTION

- To assure the comfort of our guests it is forbidden to use mobile phones for calls and take photos within the Spa area. It is recommended to keep your phone in silent mode.
- Sunbeds and deckchairs can not be reserved.
If you leave the pool areas, please leave the towels on the designated hooks or take them with you.
If necessary, the staff is authorized to remove any linen left on the sunbeds and deckchairs.
- The saunas can be accessed only when wearing the cotton sheet given on arrival. It is not permitted to enter when wearing swimsuits and/or with any form of plastic material.
- Borgobrufa Spa Resort is an adults only facility: children under 15 are not permitted to enter.
- It is recommended to enter the pools without accessories; glasses and jewellery (bracelets, necklaces, rings, earrings, watches, etc.) as they can be damaged by the water in the pools.
We strongly advise you to leave them in the designated lockers or in the safe. The structure is not liable for any loss of personal property.
- Changes or cancellations of treatments previously booked by the guest must be communicated to the SPA Reception no later than 24 hours before the agreed treatment time; otherwise the corresponding cost of the treatment will be charged to your room account.
- Avoid exposure to the sun immediately after exfoliating, waxing and/or facial treatments.

- Our team consists of male and female therapists. It will be the guest's concern to communicate their preference at the time of booking. If not, a therapist will be assigned according to their availability.
- The comfort and well-being of our guests are our main priority;. We invite you to respect this by adopting a volume and tone of voice in harmony with the ambience.
- We invite all couples and individuals to maintain decorous behaviour in all areas within the Spa. Personnel are authorized to warn and/or ask those who do not respect these indications to leave the center.
- Do not use the services of the Spa when advised by your physician not to do so.
This is to avoid compromising your well-being.
- We kindly ask you to inform your therapist of any specific health conditions you may have (allergies, recent surgery, blood pressure disorders, claustrophobia, pregnancy...) which may interfere with the completion of the treatment.
- Swimwear is mandatory in the swimming pools.

INFORMATION AND ADVICE

For information or to book a treatment, please contact the SPA Reception or contact us at 075.9883220. We are at your disposal every day from 9am to 8pm. The pool opens at 9am, the saunas open at 10am. To assure maximum availability, we suggest that you book the treatments before your arrival. We also recommend wearing loose and comfortable clothing.



To see the world
in a grain of sand,
and to see heaven in a wild flower,
hold infinity in the palm of your hands, and eternity in an hour.
“William Blake”

