



Monrif SPA Menù

Reserve your own moment of relax by :

Tel. +39 **051 4212048**

Direct number from the room **46148**

E-mail **carlton.centrobenessere@monrifhotels.it**

Our treatments are available upon reservation.

Any treatment can be further customized and it will be our care to satisfy any individual need.

Acquarelax Paths

Laconicum, Aromarium, Calidarium, Relaxation Room, Mediterraneo, Finnish Sauna and Biosauna, Emotional Showers, Cromotherapy and Tea Room.

Daily access from 5:00pm to 9:00pm

€ 40

Monrif SPA Treatments

Face & Body Treatment

80' € 135

Basic facial treatment and wellness body massage

Face Treatment

50' € 95

Complete facial treatment

Exfoliating Treatment

50' € 95

Deep cleansing treatment of the epidermis and cream bath for a perfect hydration



Specific Treatments

Face, Shoulders and Neck decontracted 25' € 60

Relaxing treatment that removes tension and stiffness, loosening the neck and shoulders and relaxing facial features

Back extended 25' € 60

Effective for relaxing the back and instilling immediate and extraordinary relaxation.

Light Legs 25' € 60

Treatment that restores a feeling of lightness to tired and heavy legs.

Salt Gommage 25' € 60

Exfoliating treatment for smooth and velvety skin.

Monrif SPA Massages

Wellness Massage 50' € 95

Relaxing-decontracting, personalized massage to meet specific individual needs.

Short Massage 25' € 60

30 minutes of full or localized massage.

Long Massage 80' € 135

80 minutes of long personalized massage.

Lymphatic drainage 50' € 95

It promotes the lymphatic circulation and the elimination of toxins, favouring the drainage of fluid stagnation.

Hot Stone Massage 50' € 100

It promotes energy balance thanks to the use of hot stones.

Massage on an ergonomic chair 15' € 25

Acupressure on the back and scalp for a short message with great benefits; comfortably seated and dressed.