







www.sardiniabiketour.it - info@sardiniabiketour.it - tel. +39 0785 315052



Sardiniabiketour with its specialized centre in high-level cycling (road and MTB) offers a holiday on the bike to discover an unknown territory, with breathtaking and fascinating environments among sea and hills; great opportunity to taste special foods and wines of this region. All programs are targeted in Italian, German and English language.





## "VILLA ASFODELI & BIKE" program

- 7-night stay in HB + packed lunch, with rich breakfast and accommodation in double room at Hotel de Charme Villa Asfodeli, a Liberty-style Villa with garden, swimming pool and Wellness Centre to offer the best comfort and relax
- Welcome drink with Malvasia wine DOC and briefing concerning all days program
- 6 daily road excursions, with variable length from 60 to 120 km, height difference from 250 to 2700 m, thus not leaving any cycling lover disappointed; included helmet, emergency kit and GPS tracks
- Road bikes Dolomiti Shimano 105 series or trekking bikes X-Vert Cross Road; All categories of bikes will be provided in Man and Lady version in three frame heights S, M, L
- The program allows guests to use the Wellness Centre facilities twice (Jacuzzi and steam bath)
- Typical Sardinian dinner to taste traditional courses and wines of the region
- Alternative programs: trekking, sea excursions and gastronomy



## "SHARDANA BIKE & GOURMET" program

- Along West Sardinia, 6-night stay in HB + packed lunch, with rich breakfast and accommodation in double room in several 3-star and upper hotels, chosen among the most charming and those offering guests the best service; a special opportunity to enjoy tasty and typical products
- Road bikes Dolomiti Shimano 105 series or trekking bikes X-Vert Cross Road; all categories of bikes will be provided in Man and Lady version in three frame heights S, M, L.
- · First day briefing to illustrate itinerary program during other stages
- Local wine tasting (Malvasia of Bosa) with typical pastries and cheese in a traditional old cellar
- Gourmet dinner in special Slow Food restaurant, tasting typical diches of Montiferru region
- Gourmet dinner with typical sea food diches in Cabras
- Typical Sardinian dinner to taste traditional courses and wines
- The program allows guests to use the Wellness Centre facilities once (Jacuzzi and steam bath);
- Luggage transport from one stage to the other;