

ROSADA

★ ★ SPA ★ ★




HOTEL CORTE ROSADA
★ ★ ★ ★






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“SPA ROSADA” is the right place where you can discover the real relax, renovate yourself, finding the good balance between mind and body with the experience of Sardinia Fragrances in a 360° full immersion.

The hands of our therapist drive you through wellness sensations, with body and face treatments to delight your needs.

Rosada is furnished of Sauna, Turkish bath, chromo-therapy showers, relax areas, a panoramic sea view gym.

At your disposal SPA kit


HOTEL CORTE ROSADA
★★★





 **WELLNESS**

Sauna, Turkish bath, whirlpool, kneipp path, chromo-therapy shower, tisaneria, relax area, gym

Kit spa: pool towel, slipper, cap and shower gel.

On request bathrobe		€ 3,00
ROSADA SPA Entrance - Ospiti/ Hotel Guest	2h	€ 15,00
ROSADA SPA Entrance	2h	€ 30,00

 **ROSADA SPECIAL WELLNESS!**

ROSADA WELLNESS BASIC - (SPA Entrance + Massage 30 Min.)	€ 59,00
ROSADA WELLNESS MEDIUM - (SPA Entrance + Massage 50 Min.)	€ 77,00
ROSADA WELLNESS TOP - (SPA Entrance + body Scrub + Massage 30 Min.)	€ 99,00





 **BASIC BODY MASSAGE**

RELAXING MASSAGE

Sweet & slow movements wrap your body up with almond oil for a total relax sensation.

SVEDISH MASSAGE

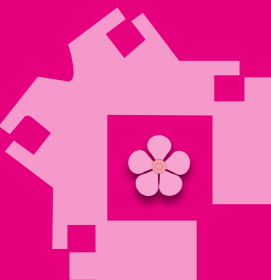
Stimulate bloody flow with the oxygenation of the tissues, a good helper to contrast cellulite.

SPORTIVE MASSAGE

Deep massage with hard pressure on strained muscles to reduce all tension points.

timing: 30 min Partial / 50 min Total

€ 45,00 / € 69,00





 **MASSAGGIO PLUS**

CALIFORNIAN

Is done with deep and light movements. A special massage to relax your body and free your mind.

55 min € 79,00

LOMI LOMI (HAWAIIAN)

Typic Hawaiian tradition massage, relaxing and energizing massage with flowing movements with hands and arms.

55 min € 75,00

HOLISTIC WITH OIL

A perfect mix of flowing and pleasant operations that gives freedom to the vital energy.

50 min € 75,00

AROMA MASSAGE

Massage of extraordinary sweetness based on essential oils leaving on your body a peace and wellness sensation.

55 min € 73,00





 **MASSAGE PLUS**

PLANTAR REFLEXOLOGY

Plantar treatment deep relax sensation on muscles and joints.

40 min

€ 59,00

HOT STONE

Stones heat will be slowly released to the body with a lot of benefits: release muscles anxiety, improve blood and lymphatic flows and get the mental tension over.

55 min

€ 79,00

BAMBOO MASSAGE

Special massage technique accomplished with bamboo canes for a relaxing, draining and decontracting effect.

50 min

€ 73,00

VODDER LYMPH DRAINAGE

Rotating movements and typical pumping pressions that help to drain liquids from the tissues.

80 min

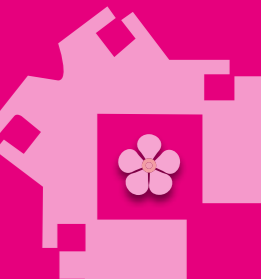
€ 110,00

FOUR HANDS MASSAGE

Unforgettable experience of a massage done by two wellness workers in a perfect synchronicity.

50 min

€ 110,00





 **ROSADA - PRIVATE SPA - ONLY ON REQUEST**

Reserved Spa from 8.00 p.m. till 11.00 p.m., for a total relax with privacy and an exclusive experience. The right idea for romantic couple time or to special events, like birthdays, wedding anniversary or bachelor parties.

COUPLES

Wellness path with free kit, relaxing couple massage, bottle of sparkling wine and fruit.

3h

€ 249,00

GROUPS

For 12 persons (extra charge for every person more)

Wellness path with free kit, bottle of sparkling wine and fruit.

3h

€ 349,00





 **RITUAL FACE**

FORMULA 201 by HISTOMER

NORMALISING - Improve fat skin and all its flaws

With the capacity to Renovate completely the skin, this ritual corrects all the beauty problems of a fat skin.

50 min

€ 65,00

WHITENING - light the skin tones up

Reduce all the signs of photo-aging both chromatic type and structural.

50 min

€ 73,00

REJUVENATING - excellence of Anti-ageing

Extraordinary rejuvenating treatment that will be able to reduce the loss of tonicity, it permits to conserve hydration and fight against time and stress of your skin.

50 min

€ 73,00





 **RITUAL FACE**

VITAMINA C by HISTOMER

Vitamin C promotes 5 intensive actions: Anti-wrinkles, no reddening, anti-mole illuminating, skin fitting, hydration and nourishing.

50 min

€ 75,00

ANTI AGE WITH ARGAN AND SILICIUM by MEI

The wild Argan oil, strengthened by the Silicium face mask from Dolomite rock, allows to regenerate the asphyctic skin that needs oxygenation, deep nourishment and wrinkle relaxation.

50 min

€ 69,00

SOOTHING WITH PERSIAN ROSE by MEI

The Persian Rose donates to the skin the same velvety texture of its petals. Ideal for light, delicate or coupe rose-affected skin, this treatment is based on the soothing action of the precious Persian Rose essential oil and all its inebriating fragrance.

50 min

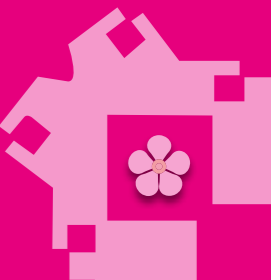
€ 89,00

DETOX MAN by MEI

Suitable for men's skin, this treatment takes advantage of the Green Clay's properties that remove dead cells and skin toxicity, nourishing it with Vitamin Serum and Vitamin E Cream.

40 min

€ 55,00





 **RITUAL BODY by HISTOMER**

BODY SCRUB

Complete and relaxing scrub, mixed with the application of sea salt and almond oil, to give soft and lighting aspect to your skin.

50 min

€ 45,00

DRAINO2 by HISTOMER

DrainO2 in the new treatment super draining and fat burn. With a powerful lymph draining stimulation helps a more rapid elimination of liquids and toxins that provoke cellulite.

50 min

€ 75,00

BODY H4 by HISTOMER

The best treatment to have hydration, tonicity and elasticity.

60 min

€ 75,00





 **RELAX RITUAL by MEI**

DETOX ED ELAST. WITH GREEN CLAY AND EQUISETUM

Skin detoxification with Green Clay's scrub and the elasticizing massage with Relax Oil and Body Fluid, made with Horsetail and Alfalfa extract, will donate new life to your body skin.

50 min

€ 79,00

ROSADA RITUAL - PERSIAN ROSE FACE&BODY

Let yourself be conquered by the essential oil of Persian Rose that will envelop you in a silky caress. Treat yourself to a harmonious massage, enhanced by eight natural Mei products, and the skin will literally flourish again.

90 min

€ 120,00

ORO DI SARDEGNA

The vital force of wild nature and its active ingredients, concentrated in an unforgettable treatment: olive oil, Myrtle and Aloe juice, thanks to which you will enjoy new vitality, energy and freshness

50 min

€ 98,00

DOLCE VITA

Enveloped by the essential oils of Sweet Orange and Lemon, you will donate new softness and brightness to your skin, thanks to Dolce Vita scrub with its sugar crystals and the illuminating massage with Balance oil and Sweet Orange cream.

50 min

€ 75,00





 **BEAUTY SERVICE**

CLEANING FACE 1H € 55,00

TREATMENTS HANDS THERAPY 1H.

MANICURE SPA € 23,00

MANICURE SPA WITH NAIL POLISH € 27,00

MANICURE WITH HALF ENDURING € 39,00

NAIL POLISH CHANGE € 10,00

NAIL POLISH HALF ENDURING REMOVAL € 15,00

 **TREATMENTS FEET THERAPY 1H.**

PEDICURE SPA € 29,00

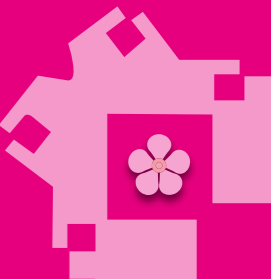
PEDICURE SPA WITH NAIL POLISH € 33,00

PEDICURE SPA HALF ENDURING € 49,00

PEDICURE HEALTHY THERAPY € 37,00

NAIL POLISH CHANGE € 10,00

NAIL POLISH HALF ENDURING REMOVAL € 15,00

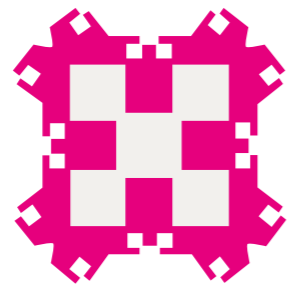




 EPILATION

LABIALE / Lip 30 min	€ 6,00
SOPRACCIGLIA / Eyebrow 30 min	€ 8,00
COMPLETA (Gambe + Inguine) / Full Waxing (leg +bikini) 60 min	€ 38,00
PARZIALE (Mezza gamba + Inguine) Partial Waxing (half leg + bikini) 60 min	€ 33,00
GAMBA PARZIALE / Half Leg 30 min	€ 25,00
GAMBA COMPLETA /TOTAL LEGS 60 min	€ 29,00
BIKINI 30 min	€ 16,00
BIKINI TOTAL 30 min	€ 21,00
ASCELLE / UNDERARMS 30 min	€ 12,00
BRACCIA / ARMS 30 min	€ 18,00
UOMO SCHIENA-PETTO / MAN CHEST-BACK 60 min	€ 35,00





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MAIN RULES

ENTRANCE: Entrance is forbidden to under 16. From 16 and 18 years old will be accompanied by an adult.

RESERVATIONS: For a better service we prefer reservations. We invite you to be at Spa 10 minutes before your appointment. In case of delay all the treatments will be finished at prearranged timetable to guarantee a good service for all our guests.

HEALTH CONDITIONS: We invite you to communicate us if are present some allergies, or cases that will be not pleasant for your during treatments.

SPA ETIQUETTE: Rosada Spa in an area of relax and wellness, for this reason we ask you to respect privacy of all guests, to switch the phone in silent mode.

Please use the bath costumes into sauna and Turkish bath.

Is severally forbidden smoke in all SPA area.

CANCELLATION POLICIES: All appointments will be canceled with an advance of 12 hours, if not, we are in due to charge the treatment on the room bill.

LOST OR STOLEN THINGS: Rosada Spa is not responsible for unattended items that could be stolen or damages at personal belongings.





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