

MEDICAL TREATMENT WITH COMPLEX SPA TREATMENTS

- ❖ Reflex massage 20 min.
- ❖ Classical massage partial 20 min.
- ❖ Foot massage 20 min.

- ❖ Hot spring bath 20 min.
- ❖ Carbonic bath 20 min.
- ❖ Herbal bath 20 min.
- ❖ Pearl bath 20 min.
- ❖ Peat bath 20 min.
- ❖ Scottish jet shower 10 min.
- ❖ Limb whirlpool bath 20 min.
- ❖ Underwater automatic massage 15 min.
- ❖ Watertherapy - group motion therapy 25 min.
- ❖ Watertherapy - individual motion therapy 20 min.

- ❖ Oxygen therapy 60 min.
- ❖ Nugabest 38 min.
- ❖ Dry carbonic bath 35 min.

- ❖ Peat wrapping 20 min.
- ❖ Parafango packs 20 min.
- ❖ Paraffin packs 20 min.

ELEKTROTHERAPY

- ❖ Biolamp - polarized visible light 10 min.
- ❖ Magnetotherapy 25 min.
- ❖ DD streams, TENS from 5 min.
- ❖ Ultrasound from 5 min.
- ❖ Impulse wave up to 10 min.
- ❖ Short-wave 30 min.
- ❖ Laser therapy up to 10 min.

PHYSIOTHERAPY

- ❖ Group motion therapy 20 min.
- ❖ Individual motion therapy 20 min.
- ❖ Pneumopuncture

- ❖ Inhalation 15 min.
- ❖ Mouth irrigation 15 min.
- ❖ Automatic lymphatic drainage 30 min.

MEDICAL AND LABORATORY CHECK UP

- Entry check-up
- Control check up once a week
- Final check-up

Basic Lab check up (only for Complex treatment)