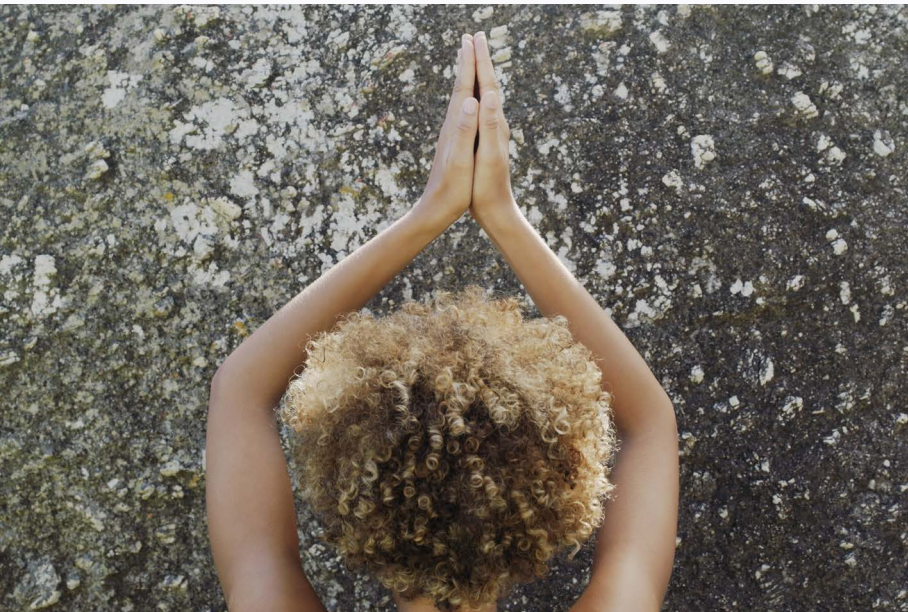


mvua[®]
african rain
SPA

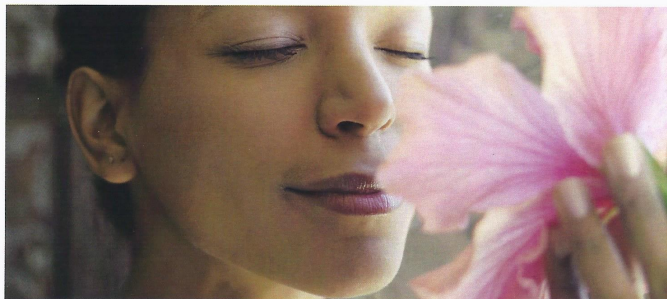


DIAMONDS
MEQUFI BEACH RESORT
MOZAMBIQUE

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Massage Treatments

We use massage techniques for full body, scalp, back, neck, shoulders, and foot massage that will make you experience the true meaning of relaxation & rejuvenation!

Description	Duration Minutes	Price \$ Single	Price \$ Couples
African Rain Foot Massage	50	85	140
Oriental Massage	50/80	95/110	170/200
Mvua holistic Massage	50	100	180
Healing Ceremony	90	110	
Traditional Thai Massage	60/90	100/135	
De-stress Massage	50	85	140

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Massage Treatments

Oriental Massage

Movements alternating between Thai massage and Holistic Massage, including stretching, pressure points, a harmony of smooth movement and the scent of holistic therapy oil, to heal the tensions of your mind and body.

Traditional Thai Massage

This treatment is traditionally from Thailand and uses a combination of palm, thump, elbows and knees to stimulate pressure points on the meridian line, it also includes stretching, bending and Yoga position. Through out the treatment, energies being released from tensioned muscle. Treatment done without oil.

De-stress Massage

Encouraging deep relaxation with our traditional back, neck and shoulders massage. Focusing to release built up stress and muscle tension.

African Rain Foot Massage

African Rain Foot Massage is an age old technique that completely rebalances the body. By stimulating pressure points on the feet and bringing the body into harmony. Using Eucalyptus and Peppermint circular Gel. Harmony and equilibrium of the wellbeing is hidden on the feet, therefore this massage will restore the body's mental and physical wellbeing.

Mvua Holistic Massage (Signature)

Helps your muscles indulge into deep relaxation, healing the body of the days accumulated tensions. It also relieves water retention and stimulates the lymphatic system.

Healing Ceremony

This power treatment has a dual effect on your body and skin by healing and repairing. Our body envelopment and massage techniques are taken form around the word and will completely rejuvenate your body. It has mainly been used by traditional healers for medicinal properties, boosting your immune system and has a healing holistic effect by repairing the most damaged skin due to various sun exposure or any conditions created by the environment.

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Facials

Purifying Balancing Facial

This is an unmatched highly effective treatment that will restore, purify and revitalize the skin and using manual lymph drainage movements. Neroli has a calming and fresh effect which will stimulate cell renewal and promote a youthful appearance.

The sensual fragrance of serums with delicate smells will effect your mind and body, bringing balance, harmony and sensuality. It creates a soothing effect to the nervous system, promoting rest, peace and tranquility. It's toning with anti-ageing effect which will visibly restore the equilibrium of your skin resulting in a perfect complexion with glow and radiance.

Hydra Boost Facial

Take your time to rediscover the authentic Marula African gold liquid and power of pure Rose with Pinotage antioxidants to breathe, regenerate and treat your outer and inner beauty. Marvelous, captivating Rose in the Queen of flowers admired for centuries. It relieves sensitivity, soothing and calming effect by softening the skin issue creating natural restoration bringing harmony with hormonal changes. This unique blend of serums bring you glow and radiance with instant visible results. A truly bespoke facial.

Glow and Radiance Stimulate Facial

This allows the skin to absorb the nutrients, vitamins, omegas and anti-oxidants and a deeper level of the epidermis to naturally stimulate and activate collagen while totally rejuvenating the appearance of your skin. Helps to prevent the dehydration of the epidermis by visibly improving the skin texture bringing it to perfect natural balance as mother Earth intended. thermo stimulating mask will be used to deepen the absorption of active ingredients and create radiance and long lasting moisture.

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Facials

For all facials we are using therapy techniques in harmony with affective movement and ingredient to achieve the balance, nourishment and healing by reducing the aging process. Each EARTH & RAIN facial is using unique Healing Earth products to restore hydration by adding vitality with superic anti - oxidant properties, working synergistically with the skin unique diagnosis.

Description	Duration Minutes	Price \$ Single	Price \$ Couple
Balancing Purifying Facial	60	85	140
Hydra Boost Facial	60	85	140
Glow and Radiance Stimulating Facial	60	85	140



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