

Diamonds Experiences



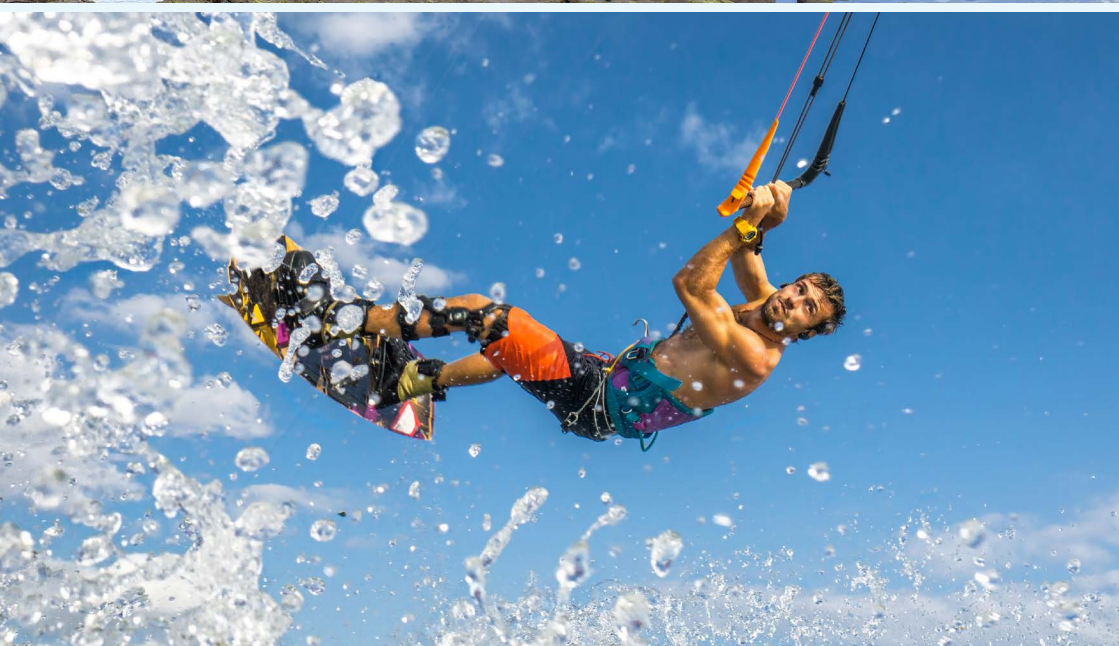
DIAMONDS

MEQUFI BEACH RESORT
MOZAMBIQUE

Watersports & Excursions



Watersports



KAYAK TOUR

Just a few meters from our beautiful beach a river flows in the sea. Along its edges there is a wonderful mangrove forest, which we can visit thanks to a pleasant and unforgettable kayak tour. Approximately 1 hour
Double kayak **usd 20**. Single kayak **usd 15**
Complimentary for in-house clients

WIND KART

30 minutes introduction lesson **usd 28**. 1 hour rental **usd 50**
Complimentary for in-house clients

CATAMARAN PHANTOM 14 FEET SAILING

1 hour ride with instructor **usd 65**
Complimentary for in-house clients

SURFBOARDING

30 minutes rental **usd 10**. 1 hour rental **usd 20**
Complimentary for in-house clients

STAND UP PADDLE

1 hour introduction lesson **usd 35**. 1 hour rental **usd 20**
Complimentary for in-house clients

WINDSURFING

1 hour rental **usd 40**
Complimentary for in-house clients

KITESURFING

1 hour complete gear rental **usd 40**
1 hour kiteboard rental **usd 18**. 1 hour kite rental **usd 25**

HOUSE REEF SNORKELING

With mask, fins and snorkel our water sports staff will guide you to the discover of colorful, untouched and unexplored reef.
Complimentary for in-house clients

Excursions



BEACH WALKING

At low tide the Mecufi coast becomes magical. Discover with us the natural wonders along the beach and the tide pool

Complimentary for in-house clients

BIKE TOUR

Mozambique is a wild land rich of spectacular landscapes. Discover all this with us during an easy bike tour, affordable for everyone.

Approximately 1 hour **usd 15**

Complimentary for in-house clients

NGOMA VILLAGE

What impresses of the village of Ngoma is how is real. Come with us to discover a local reality, visiting the beach, the agricultural field and the village, where hundreds of smiling children will welcome and follow us. A strong emotion that you will hardly forget.

Complimentary for in-house clients

MECUFI VILLAGE

The village of Mecufi is located a few kilometers from our resort. This scenic tour will let's explore a real local situation, including the handicrafts market of the artisans, the huge mango tree where under its shade there is usually a fruit street market and the village.

usd 35 per pax, min 4 max 8 pax

PEMBA CITY TOUR

The city of Pemba offers many opportunities, such as buying clothes, or local handicrafts, or stop at a beach in front of the Bay of Pemba, where you can take pictures, a dip in the sea and during certain months of the year it is possible to see the whales.

usd 56,25 per pax, min 4 max

usd 75 per pax, min 3 max

usd 112,50 per pax, min 2 max

usd 225 per 1 pax

Live your adventure



Great adventures



WHALE WATCHING To be booked 24 hours in advance

Return transfer [usd 225](#) for a vehicle between 1 to 4 persons.
Boat rental: [usd 50](#) per hour, maximum 5 persons. Fuel included.
2 hours snorkeling + whale watching: [usd 100](#) for the boat.
[usd 8](#) per person for mask and flippers.

DEEP SEA FISHING To be booked 48 hours in advance

Half day Charter [usd 950](#).
Departure at 05:00 and return at 12:00 (subject to weather and sea conditions). Departure at 05:00 and return at 15:00 (subject to weather and sea conditions)

Including: transfer from Diamonds Mequfi Beach to Pemba and return. Soft drinks, mineral water, fruits and snacks. Packed lunch on full day charters. All equipment, tackle, lures, bait, fuel, skipper. Rates are for the boat, with maximum 4 persons on board.
Full day Charter [usd 1'550](#)

DIVING AND SNORKELING To be booked 24 hours in advance

Introduction to SCUBA or resort course [usd 111,50](#) per person.
Dive for qualified divers all equipment included [usd 88](#) per person.
PADI Open Water courses [usd 705](#) per person. Including PADI manual, dive tables and log book. Certificate to be shipped from England and can be used all over the world. Other PADI courses available with prices on request.
Two hour snorkeling trip [usd 100](#) for the boat, with maximum 8 persons. [usd 8](#) per person for mask and flippers.

TARATIBU BUSH CAMP To be booked 48 hours in advance

Taratibu is nestled between three soaring granite outcrops known as Inselbergs and located within the boundaries of the Quirimbas National Park, featuring huge sub-tropical rain-forest trees which shelter a great diversity of bird life, various primate species.
Full day excursion, (06:30 - 16:00) [usd 160](#) per person, min 4 pax.

IBO ISLAND To be booked 48 hours in advance

Ibo is one of the most beautiful islands of the Quirimbas Archipelago. In the morning will be possible to do a sea excursion by using a traditional dhow. According to the tide it will be possible to stop at a sandbank where to relax and to snorkel, followed by light lunch. In the afternoon we will visit the local village where a guide will speak about the history of the Quirimbas Archipelago.
A beautiful day dedicated to the sea and culture.
[usd 775](#) per person, with 4 persons.
[usd 840](#) per person, with 2 persons.
Additional [usd 60](#) for the sandbank excursion

Horse Riding



Diamonds Stables



BEGINNER LESSONS

Riding lesson includes learning how to groom, tack up and tack off. Learning the basics of riding for example: how to hold the reins, the correct position (seat) when walking and trotting.

25 min riding time (full lesson 1 hour) usd 30

5 lessons usd 135

BEGINNER TRAIL

This trail is ideal for children and beginner riders that want to experience a beach ride but is unable to ride by themselves.

30 minutes walking trail on the beach. usd 30

NGOMA VILLAGE TRAIL

We start out by leaving the resort at the main entrance and follow the main road to the village and return through our pristine beaches.

Up to 2 hours. usd 60

BAOBAB BUSH TRAIL (NOVICE/EXPERIENCED)

We will spend half of the trail on the beach and half of the trail riding through the beautiful bush trail with dozens of big baobab trees and we will pass by a small cassava plantation. On the trail we will possibly also see the local people from the village catching local sea life for food and to sell for an income.

Only possible with low tide

60 minutes usd 45

BAOBAB BEACH TRAIL (EXPERIENCED ONLY)

The first part of the trail is through the lush bushes with beautiful big baobab trees and riding passed a small cassava plantation ending up on the beach again, which would make up the longest part of our ride. . On the trail we will possibly also see the local people from the village catching local sea life for food and to sell for an income.

Only possible with low tide

90 minutes usd 60

BEACH VILLAGE TRAIL (EXPERIENCED ONLY)

We start our ride off through the lagoon/river next to the beach bar and head towards mequfi. For the most part we will ride on the beach but there is a small part where will turn next to Mequfi and ride past one of the smaller villages in the area before heading back on to the beach on our way back to the resort.

Only possible with low tide

90 minutes usd 60

MOUNTAIN TRAIL (EXPERIENCED ONLY)

We start out by leaving the resort at the main entrance and we follow the main road up the mountain, at some point we turn off the road and go down the mountain again, past a cassava plantation, past a small local village, and we will also ride pass Mequfi village as we turn on the beach and make our way back to the resort via the beach and through the river/lagoon at the beach bar.

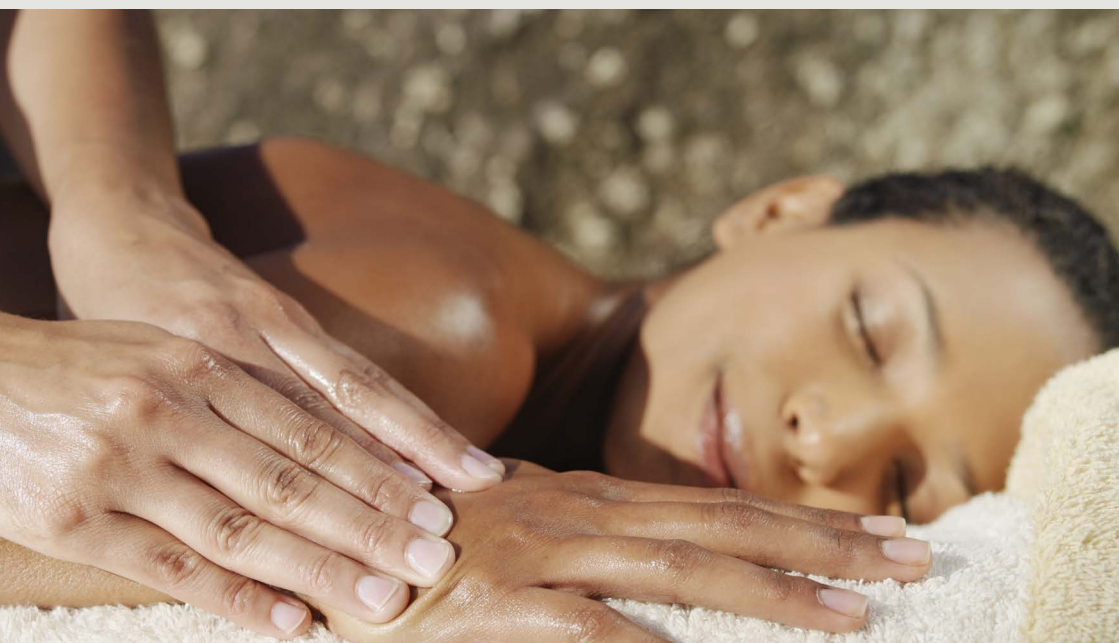
Only possible with low tide

Up to 3 hours. usd 150

MVUA AFRICA RAIN SPA



SPA Treatments



BAMBOO MASSAGE

This treatment combine with bamboo stick heat and hands is full body with massage oil. Good for release muscle aches, Detoxify, increase oxygen into the skin, Relaxing mind and soul

HOT STONE MASSAGE

Sensation massage is body massage combine hands with heat stone massage. The treatment can help the muscles aches and soft tissues. Alleviate pain, improve circulation and help rid the body of toxins. And also this treatment can reduce stress, promote calmness and increase relaxation starting from back massage to get a sense of enlightenment, inner peace and renewed spirituality after treatment.

INDIAN HEAD MASSAGE

Uses and adapts classic Swedish massage techniques for treating scalp with heat oil, face, neck, shoulders and upper arms. It works on the areas of the body that are most affected by stress, however while the treatment is just on the upper part of the body its effects are felt throughout the mind and body.

ORIENTAL MASSAGE

Movements alternating between Thai massage and Holistic Massage, including stretching, pressure Points, a harmony of smooth movement and the scent of holistic therapy oil, to heal the tensions of your mind and body.

TRADITIONAL THAI MASSAGE

This treatment is traditionally from Thailand and uses a combination of palm, thump, elbows and Knees to stimulate pressure points on the meridian line, it also includes stretching, bending and Yoga Position. Throughout the treatment, energies being released from tensioned muscle. Treatment done without oil. Traditional Thai Massage

MUVA HOLISTIC MASSAGE (SIGNATURE)

Helps your muscles indulge into deep relaxation, healing the body of the days accumulated tensions. It also relieves water retention and stimulates the lymphatic system.

HEALING CEREMONY

This power treatment has a dual effect on your body and skin by healing and repairing. Our body Envelopment and massage techniques are taken from around the world and will completely rejuvenate your body. It has mainly been used by traditional healers for medicinal properties, boosting your immune system and has a healing holistic effect by repairing the most damaged skin. Due to various sun exposure or any conditions created by the environment.

DE-STRESS MASSAGE

Encouraging deep relaxation with our traditional back, neck and shoulders massage. Focusing on Release built up stress and muscle tensions.

AFRICAN RAIN FOOT MASSAGE

African Rain Foot Massage is an age old technique that completely rebalances the body. By stimulating pressure points on the feet and bringing the body into harmony. Using Eucalyptus and Peppermint circular Gel. Harmony and equilibrium of the wellbeing is hidden on the feet, therefore this massage will restore the body's mental and physical wellbeing.

BODY SCRUB

Body scrub is a skin care with organic product whose primary function is to remove dead skin cells through exfoliation as well as cleanse the skin and increase the body's blood circulation, Improve skin texture & Tone, reduce the appearance of cellulite, renewal skin smooth and soft. End with the apply oil.

PURIFYING BALANCING FACIAL

This is an unmatched highly effective treatment that will restore, purify and revitalize the skin and using manual lymph drainage movements. Neroli has a calming and fresh effect which will stimulate cell renewal and promote a youthful appearance. The sensual fragrance of serums with delicate smells will affect your mind and body, bringing balance, harmony and sensuality. It creates a soothing effect to the nervous system, promoting rest, peace and tranquility. It's toning with anti-ageing effect which will visibly restore the equilibrium of your skin resulting in a perfect complexion with glow and radiance.

HYDRA BOOST FACIAL

Take your time to rediscover the authentic Marula African gold liquid and power of pure Rose with Pinotage antioxidants to breathe, regenerate and treat your outer and inner beauty. Marvelous, captivating Rose in the Queen of flowers admired for centuries. It relieves sensitivity, soothing and calming effect by softening the skin issue creating natural restoration bringing harmony with hormonal changes. This unique blend of serums brings you glow and radiance with instant visible results. A truly bespoke facial.

GLOW AND RADIANCE STIMULATE FACIAL

This allows the skin to absorb the nutrients, vitamins, omegas and antioxidants and a deeper level of the epidermis to naturally stimulate and activate collagen while totally rejuvenating the appearance of your skin. Helps to prevent the dehydration of the epidermis by visibly improving the skin texture bringing it to perfect natural balance as mother Earth intended. Thermos stimulating mask will be used to deepen the absorption of active ingredients and create radiance and long lasting moisture.

MASSAGE AND BODY SCRUB PACKAGE (120 MINS)

This package includes full body scrub 60 mins followed by massage 60 mins.

PAMPER ME PACKAGE (150 MINS)

This package includes full body scrub 60 mins followed by Foot massage 40 mins end with facial 50 mins.

ENERGIZE PACKAGE (120 MINS)

This package includes full body scrub 60 mins followed by Back massage 30 mins end with foot and scalp 30 mins.

Packages and Price lists



MASSAGE AND BODY SCRUB PACKAGE - 120 MINUTES

This package includes 60 minutes full body scrub followed by 60 minutes full body massage.

PAMPER ME PACKAGE - 150 MINUTES

This package includes full body scrub 60 mins followed by 40 minutes Foot massage and ending with a 50 minutes facial.

ENERGIZE PACKAGE - 120 MINUTES

This package includes 60 minutes full body scrub followed by 30 minutes Back massage and ending with a 30 minutes foot and scalp.

TREATMENT PRICELIST

DESCRIPTION	DURATION	SINGLE	COUPLE
Bamboo massage	60 mins	usd 80	usd 155
Bamboo massage	80 mins	usd 95	usd 180
Oriental massage	50 mins	usd 95	usd 170
Oriental massage	80 mins	usd 110	usd 200
Hot Stone massage	90 mins	usd 135	135 USD
Healing Ceremony	90 mins	usd 110	110 USD
Traditional Thai massage	60 mins	usd 100	100/135 USD
Traditional Thai massage	90 mins	usd 135	
Mvua Holistic massage	50 mins	usd 100	usd 180
Indian Head massage	50 mins	usd 85	usd 140
De-stress massage	50 mins	usd 85	usd 140
Africa rain foot massage	50 mins	usd 85	usd 140
Body scrub	60 mins	usd 85	usd 140

FACIALS

Purifying Balancing	60 mins	usd 85	usd 140
Hydra Boost	60 mins	usd 85	usd 140
Glow and Radiance Stimulate	60 mins	usd 85	usd 140

PACKAGES

Massage and body scrub	120 mins	usd 135	usd 250
Pamper me	150 mins	usd 160	usd 280
Energize	120 mins	usd 135	usd 250

Keep fit in style



Fun, food & relax



COOKING CLASSES

Would you like to experience how to cook local foods in Mozambique during your stay? Book your cooking class experience for **usd 35** per person.

GOURMET PICNIC

Take a stroll on our unspoiled beach, seat, relax and enjoy an unforgettable gourmet picnic for you featuring tempting delights with a distinctly Mozambican and Southern European flavor for **usd 60** per person.

Please reserve your personalized picnic one day in advance.

FUN ON THE BEACH

Beach volley
Beach soccer
Rugby
Water gym

YOGA & STRETCHING:

Complimentary group sessions at the Yoga corner from 6:30 am
1 hour private sessions **usd 10**.





Independently minded