

DIAMONDS

MAPENZI BEACH
ZANZIBAR

SPA MENU



Mvua is an African Swahili word which means “Rain”

In Africa, rain brings life and life depends on it...

Rain is the gift that brings wealth to the earth and to all those who live in it. Rain refreshes from the still heat of the day by cooling the thirsty land, awakening the senses and sharpening the aromas in the bush. Capturing the beauty and magic of African décor, Mvua African Rain Spa blends earthy colors and dramatic images to evoke a sensory journey and inviting guests to build a personal experience in its calming space.

At the Mvua African Rain Spa you will find everything you need to revitalize your body and mind.

At Mvua African Rain Spa we utilize indigenous natural ingredients and other nourishing native ingredients and other native resources such as plants, flowers, salt, grains, spices, wild honey and raw sugar. Our tempting choices of treatments are based on ancient African, Asian and European traditions designed to soothe the spirit, rejuvenate the body and enrich the mind.

After experiencing the attentive service and warm ambiance, your desire to repeat your visit will bring you back again and again.



SIGNATURE TREATMENTS

Signature treatments are the perfect way to pamper yourself during your holiday. Healthy products with natural active ingredients are used to rebalance, refresh and relax your body & mind.

		Single	Couple
Zanzibar warm herbal oil	50 min	\$ 65	\$ 120

An executive holistic massage with African warm herbal oils to stimulate blood circulation and strengthen the immune system



MASSAGE

Massage techniques for full body, scalp, back, shoulder and foot massage that make you experience the true meaning of relaxation & rejuvenation.

		Single	Couple
Stress relief massage	30 min	\$ 40	\$ 80
<i>Relieves tension, soothes tired muscles, and invigorates the mind and body</i>			
African rain foot massage	30 min	\$ 40	\$ 80
<i>An old age technique concentrating on reflex points on the feet to relax and balance the full body</i>			
African hot stone massage	75 min	\$ 85	\$ 166
<i>Sooth away tension and pain using warm stones and ritual blended oils</i>			
Island harmony massage	50 min	\$ 60	\$ 110
<i>An experience to allow your senses to relax after an active day. Gentle strokes will leave you renewed and rejuvenated just as Mother Africa washes away her dust with rain</i>			



MASSAGE

Massage technique for full body, scalp, back, shoulders and foot massage that make you experience the true meaning of relaxation & rejuvenation.

		Single	Couple
Superior firming massage	50 min	\$ 65	\$ 130
<i>Shape up your body and increase skin's firmness and elasticity</i>			
Aroma - lymphatic massage	50 min	\$ 65	\$ 130
<i>Help muscles indulge into deep relaxation, healing the body of day to day tension. It also relieves water retention and stimulates the lymphatic system</i>			
Zen chi massage	50 min	\$ 65	\$ 120
<i>Experience a unique blend of African and Asian massage techniques to sooth sore muscles, complete relaxation and freshness</i>			



FACIALS

Rejuvenate your skin with a relaxing facial. The healing hands of our dedicated therapists will support you to achieve your skin care with organic elements, high performance treatments and professional goa advice.

		Single	Couple
Deep Hydration	50 min	\$ 65	\$ 120
<i>A unique blend for dry or mature skin leaving your skin skimmering with luninosity and supplness. This facial imparts smoothing, anti-aging and long-lasting moisturizing effects</i>			
Purifying	50 min	\$ 65	\$ 120
<i>An extra mild formula that refines the pores and removes impurities from the skin</i>			
Well Being	50 min	\$ 65	\$ 120
<i>An exotic blend to help rebalance skin PH while firming and toning activate skin collagen and repair damaged tissue while rejuvenating the appearance of the skin</i>			



ADDITIONAL BEAUTY TREATMENTS

Our Spa manicures and pedicures can add the final touch to your Mvua Spa experience.

Mvua Manicure or Pedicure	\$ 35
Express Manicure or Pedicure	\$ 20
Nail polishing	\$ 15



HEAD MASSAGE 30 MINT

Help relief the stress and reduce the tension ease migraine or headache pain, lower blood pressure improve circulation and promote hair growth.

USD \$ 40

BALI MASSAGE 50 MINT

Bali massage with the combination of acupressure kneading and relaxing touch techniques leaves a healing and peaceful effect.

USD \$ 65

LOMI LOMI MASSAGE 50 MINT

This massage gives you a feeling of deep relaxation with long and following light touches alternating and successive hand and elbow movements.

USD \$ 65

FOUR HAND MASSAGE 50 MINT

The warm of four hand gives the deep sense of relaxation it provides your body and soul.

USD \$ 100



BODY SCRUB 50 MINT

USD \$ 65

The body scrub make your skin alive by remove dead skin cells and reveal fresh new skin underneath to keep you younger and shine.

**PACKAGE – 1
FLOWER FOOT BATH + FULL BODY MASSAGE
+ SCRUB 90 MINT**

USD \$ 120

**PACKAGE – 2
FLOWER FOOT BATH + FULL BODY MASSAGE
+ FACIAL 90 MINT**

USD \$ 120

**EXTRA:
NAIL GEL POLISH**

USD \$ 30



SPA BASICS

WHAT SHOULD I WEAR TO THE SPA?

There is no specific dress code except what you feel comfortable with.

Please take note that arriving late will limit the time for your treatment in order not to delay the next guest's appointment. However, if there are no scheduled treatments after your bookings, the full duration of your treatment will be given.

IS THERE SOMEONE TO HELP ME DECIDE THE BEST TREATMENT FOR ME?

Our Spa staff will be able to assist you in choosing the best treatments to suit your needs. Please advise our Spa staff should you have any health ailments.

WHAT DO I WEAR DURING MY TREATMENTS?

You may wish to wear your own underwear or we can provide you with hygienic disposable briefs. Alternatively, treatments may be enjoyed without clothing. Our therapists will use draping techniques to respect your privacy.

WHAT ABOUT MY VALUABLES AND JEWELRY?

Please leave your valuables in your safe box inside your room.

WHAT IF I AM UNABLE TO ATTEND THE RESERVATION?

A reserved hour is held especially for you. A 50% charge will be collected for treatments not cancelled THREE (3) hours in advance.



