



MVUA IS AN AFRICAN WORD AND TRANSLATED FROM SWAHILI MEANS "RAIN"

In Africa, rain gives life and life depends on it.....

Rain is the gift that brings simple wealth to the earth and all those on it. Rain refreshes in the still heat of the day, it cools thirsty land, awakens the senses and sharpens the aromas of the bush.

Capturing the beauty and magic of African décor, Mvua African Rain Spa blends earthy colors and dramatic images to evoke a sensory journey and invites guest to built a personal experience in its calming space.

HERE YOU WILL FIND EVERYTHING YOU NEED TO SOOTHE BODY AND MIND.

At Mvua African Rain Spa we utilize indigenous moisture – nourishing natural ingredients and other native resources such as plants, flowers, salt, grains, spices, wild honey and raw sugar. Our tempting choices of treatments are based on ancient African, Asian and European traditions designed to soothe the spirit, rejuvenate the body and enrich the mind.

After experiencing the attentive service and warm ambience, you will not want your visit to Mvua African Rain Spa end and you will return again and again.

MVUA AFRICAN RAIN SPA IS AN EXPERIENCE LIKE NO OTHER.

Spa facilities

Turkish bath

€ 15.00

As soon as you step into our Aroma vaporized Turkish bath, the warmth opens the pores of the skin, creating a flow of perspiration lifting out the grime of everyday life. Your skin is cleansed, healthy and you emerge rested and rejuvenated, ready to face of the day.

Hydrotherapy bath

€ 15.00

A blissful hydrotherapy bath is a great way to relax because air bubble massage can bring you immediate relief, so hydrotherapy is great for relieving stress and tension it really eases you into a restful state of mind, ready for a day full of peaceful.

Facilities include

- 1 couple massage rooms
- 1 single massage rooms
- 1 beauty room
- 1 sea view massage pavilion
- 1 Thai massage pavilion
- Changing area
- Relaxation pavilion

Packages

“Our packages offer great value. Perfect for refreshing the mind, body and soul, these ritual spa treatments are sure to complement your stay with us”

Description	Duration	Price in € Single	Price in € Couple
Dream of Zanzibar Sweet dream body scrub & wrap Island harmony	95 minutes	100.00	180.00
Anti cellulite contouring Anti cellulite body mask Anti cellulite massage	80 minutes	150.00	270.00
Invigoration superior firming Superior body scrub Superior body mask Superior firming massage	100 minutes	200.00	370.00
Mvua African Rain Spa signature retreat Spices soothing or Tropical glow body scrub & wrap Mvua secret massage Mvua secret facial	155 minutes	190.00	350.00
African journey Zanzibar warm herbal oil African foot massage Deep hydrating facial Mvua manicure & Mvua pedicure	260 minutes	215.00	390.00

All prices include Tax and Services Charge. Prices are subject to change without notice.

Signature treatments

“Signature treatments are the perfect way to pamper yourself during your holiday. Truly healthy products are selected with natural active ingredients to rebalance, refresh and relax your body & mind”

Description	Duration	Price in € Single	Price in € Couple
<p>Zanzibar warm herbal oil An executive holistic massage with African spice oils to stimulate blood circulation and strengthen the immune system.</p>	50 minutes	65.00	110.00
<p>Mvua secret massage A luxurious an ancient ingredients with honey, wine and gold to rejuvenate your skin and awaken body.</p>	50 minutes	75.00	125.00
<p>Mvua secret facial Through the ancient time. The Queen Cleopatra used the luxurious and beautifying properties of honey, and gold to firm the skin, reduce wrinkle and maintain youthful.</p>	60 minutes	80.00	140.00
<p>Spices soothing body scrub & wrap A detoxifying and purifying island scrub & ritual using blend of spices and herbs to reveal softer and healthier skin.</p>	45 minutes	50.00	85.00
<p>Tropical island glow body scrub & wrap It is natural ingredients with papaya, black sesame, jojoba oil and vitamin E, which help to removed dead skin cells, clean your skin deeply and stimulate circulation.</p>	45 minutes	50.00	85.00

All prices include Tax and Services Charge. Prices are subject to change without notice.

Massage

“Massage techniques for full body, scalp, back, shoulder and foot massage that make you experience the true meaning of relaxation & rejuvenation”

Description	Duration	Price in € Single	Price in € Couple
Stress relief massage Relieve tension, soothe those tired muscles, and invigorate the mind and body.	30 minutes	45.00	75.00
African rain foot massage An age – old technique concentrating on reflex points on the feet to relax and release from the body.	30 minutes	45.00	75.00
African hot stone massage Sooth away tension and pain using warm stones and ritual blended oils. Leaving you in a state of bliss throughout your body, mind & soul.	75 minutes	80.00	140.00
Island harmony massage An experience to allow your senses to relax after an active day. Gentle strokes will leaves you renewed and rejuvenated just as Mother Africa washes away her dust with rain.	50 minutes	60.00	100.00
Superior firming massage Shape up your body and increase skin’s firmness and elasticity.	50 minutes	70.00	
Aroma – Lymphatic massage Help muscles indulge into deep relaxation healing the body of the day to day tensions. It also relieves water retention, stimulates the lymphatic system.	50 minutes	70.00	
Zen chi massage Experience unique blended of African and Asian massage to sooth sore muscles, complete relaxation and freshness.	50 minutes	70.00	120.00
Thai massage An ancient therapy using passive stretching and gentle pressure along energy lines in the body.	50 minutes 120 minutes	70.00 120.00	

All prices include Tax and Services Charge. Prices are subject to change without notice.

Scrubs & Rituals

“These indulgent scrub & ritual treatments are designed to increase circulation, add nutrition, detoxify and decongest the body’s tissues. Using natural botanical selected products from Africa and around the world”

Description	Duration	Price in € Single	Price in € Couple
<p>Harmony body scrub & wrap Penetrate to energize skin and absorb impurities. Balance and leave the skin silky smooth and glowing.</p>	45 minutes	50.00	85.00
<p>Passion romance body scrub & wrap Powerful regenerating that permeates and lends to renew old or damaged cells, and moisturize skin.</p>	45 minutes	50.00	85.00
<p>Herbal refreshing body scrub & wrap A sunny, uplifting citrus blend to leave your mood. Relives anxiety, nervousness and stress.</p>	45 minutes	50.00	85.00
<p>Detoxification body scrub & wrap It unclogs pores and detoxifies impurities, leaving you a hydrated skin that radiates a healthy glow.</p>	45 minutes	50.00	85.00
<p>Exotic oriental tonic body scrub & wrap A pure and detectable rice butter scrub and mask that stimulates cellular activity and gently exfoliate skin.</p>	45 minutes	50.00	85.00

All prices include Tax and Services Charge. Prices are subject to change without notice.

Facials

“Rejuvenate with a relaxing facial. The healing hands of our dedicated therapists will support you to achieve your skin care goals with organic elements, high performance treatments and professional advice”

Description	Duration	Price in € Single	Price in € Couple
<p>Deep hydration A wonderful blend for dry or mature skin. Softens and freshens naturally. Very calming, facilitates relaxation, soothes, heals and restores.</p>	60 minutes	60.00	100.00
<p>Purifying An extra mild formula that effectively removes perspiration, pollution and excess oil.</p>	60 minutes	60.00	100.00
<p>Well - being An exotic blend to help rebalance skin pH while firming and toning activate skin collagen and repair damaged tissue while rejuvenating the appearance of skin.</p>	60 minutes	60.00	100.00

All prices include Tax and Services Charge. Prices are subject to change without notice.

Additional beauty treatments

“Our Spa manicures and pedicures are an absolute essential or add a final touch of Zanzibar henna tattoo”

Description	Price in €
Mvua manicure or Mvua pedicure	35.00
French manicure or French pedicure	25.00
Express manicure or Express pedicure	20.00
Nail polish change	10.00
Eye brow wax / lip wax	10.00
Underarms wax / Bikini wax	15.00
Half legs waxing	25.00
Full legs waxing (including bikini line)	30.00
Simple hand or foot henna tattoo	10.00
Simple 2 hands or feet henna tattoo	15.00
Zanzibar arms henna tattoo	25.00
Zanzibar half legs henna tattoo	30.00

All prices include Tax and Services Charge. Prices are subject to change without notice.

Spa basics

What would I wear to the Spa?

There is no specific dress code except what you feel comfortable with. Upon arrival you will be provided with Bathrobes & slippers.

How early should I arrive for my appointment?

Please arrive 15 minutes prior to your schedule time in order to check – in and change. Please take note that arriving late will limit the time for your treatment in order not to delay the next guest's appointment. However, if there are no schedule treatments after your bookings, the full duration of your treatment will be given.

Is there someone to help me decide the best treatment for me?

Our Spa staff will be able to assist you in planning a program suitable for your needs. Please advise our Spa staff should you have any health ailments.

What do I wear during my treatments?

You may wish to wear your own underwear or we can provide you with hygienic disposable brief. Alternatively, treatments may be enjoyed without clothing. Our therapists will use draping techniques to respect your privacy.

What about my valuables and jewelry?

Please leave your valuables in your Safe Box inside your room, or for your convenience, lockers are available for your use during our treatments at the spa.

What if I am unable to attend my reservation?

A reserved hour is held especially for you. A 50% charge will be collected for treatments not cancelled THREE (3) hours in advance.

Minimum age to use the spa facilities and having treatments is 15 years old.

"The Mvua African Rain Spa is a place for relaxation. Please respect the peacefulness and privacy of our other Spa guests. Smoking, alcohol consumption and the use of mobile phones should be AVOIDED within the Spa area"

Ingredients Essence of Nature



Papaya

It's great natural digestive aid and it promotes digestive health.



Cucumber

Rich in vitamin C known for its astringent and soothing properties.



Seaweed

Mineral rich, nourishes, softens and helps skin retain moisture.



Tumeric

Natural antibiotic with fungicide properties, stimulate circulation.



Aloe vera

Maintain moisture balance, soothe sunburn and other irritation.



Ginger

Good for circulation by helping the body sweat, an important factor in fighting colds and flue.



Orange

Help improve congested skin and dried skin condition, especially wrinkly and dermatitis skin.



Cinnamon

Benefits to include controlling blood sugar, improving colon and heart health and boosting brain power.

Ingredients Essence of Nature



Green tea

Excellent antioxidant helps to soothe the skin. Work toward whitening the skin by actively slowing the transportation of melanin to the skin surface.



Honey

Maintain moisture balance, soothe sunburn and other irritation.



Gold

Removal of toxin, assists lymphatic drainage, prevent ageing and rejuvenating effects.



Wine

The antioxidants that are found in the grapes can have a wonderful healing effect on the skin by countering the damage that free radicals found in our environment can cause.



Black sesame

Stimulating blood circulation and benefiting the nervous system.



Ivory

Has toning and tightening properties. Prevent water accumulation in the skin tissue.